



METI FULL TIME

ENVIRONMENTAL HEALTH & SAFETY TECHNICIAN

METI's Environmental Health & Safety Technician is an 18 week diploma program providing students with the knowledge to meet the demands for employment in the Health, Safety & Environmental sector. It meets the education requirements of Canadian Registered Safety Technicians (CRST) designation.

CONSTRUCTION AND OILFIELD DRIVER - CLASS 3

METI's Construction & Oilfield Driver - Class 3 is a seven week program that exceeds a regular Class 3 program. METI has worked with industry professionals to ensure the program provides the knowledge requirements needed to meet the industry demands. The program includes instruction in Swamper, and Vac truck as well as certifications from organizations such as OSSA, Enform, St John Ambulance and more.

OILFIELD AND CONSTRUCTION SKILLED LABOURER

METI's Oilfield & Construction Skilled Labourer Program provides students with a competitive advantage as a skilled worker. The 5 week program includes 24 courses that will provide the student with certifications required for jobs across Canada in many industries.

SCAFFOLD ERECTOR CERTIFICATE (SAIA)

METI's 280 Hour SAIA Scaffold Erector Program is the first step toward an SAIA apprenticeship to Journey Person Scaffold. The program will cover the safe erection, use, inspection, modification and the dismantling of System, Frame and Tube & Coupler Scaffolds as outlined by the Scaffolding & Access Industry Association standards for these systems.

CLASS 1 DRIVER - TRACTOR TRAILER

This 15 week program exceeds industry standards and provides students with the knowledge, skills and 55 hours of behind the wheel driving experience needed to meet the industry demands of a Class 1 Operator. Our program also includes OSSA Basic Safety Orientation, CSTS, H2S Alive preparing you for work coast to coast.

EARTHMOVING OPERATOR

A 10 week program developed to operate a class 3 vehicle, excavator and backhoe. In addition to the driving and operating skills, this program provides the student with the safety training and skills that are in demand by employers in the construction and earthmoving industries.

At METI we are committed to providing quality, standardized training and education for TODAY'S workforce.

Our instructors are approved in accordance with the Career Colleges' Operational Regulations by the Department of Labour and Advanced Education. METI is a licensed Department of Transportation Driver Training School for Classes 1, 3 & 5 and is a member of The Trucking Human Resource Sector Council Atlantic (THRSC).

We are proud to work with more than 500 businesses and 700 facilitators globally.

Did you know we provide:

- Individual Courses
- Full-Time Programs (Diploma/Certificate)
- On-Line Courses
- Customized Training Packages
- Specialty Courses
- Demand Training
- Group Pricing Available
- Safety Services and Equipment Rental

Group prices are available. Listed prices represent total cost and are subject to change without notice.



YOUNG DRIVERS®

YOUNG DRIVERS® OF CANADA

YOUNG DRIVERS® LEARN TO DRIVE NS

A YOUNG DRIVERS® (YD) Course is the best insurance you can buy for a new driver. YD has spent over 40 years developing programs and YD updates and improves it every year. The Young Drivers program is designed for a new driver, ANY AGE.

YD believes that Evasive Maneuvers are an important part of your learning experience. We teach these skills in car, because that's where you will need them.

Young Drivers™ program is a recognized approved course to shorten the waiting time for road test, may reduce insurance costs and no further courses will be required to exit all the phases of the graduated licence system after the required waiting periods.

LEARN TO DRIVE NS BRONZE PACKAGE INCLUDES:

- 25 hours of theory done in a classroom setting
- The YD student workbook
- 10 hours (13 lessons) of private in-vehicle teaching lessons
- Free online Co-Driver Program for parents and other driving coaches
- Free CogniFit New Driver cognitive training for students



YD LEARN TO DRIVE NS SILVER PACKAGE (Most Popular)

This package includes all the benefits of the Bronze with the addition of a Road test Pkg consisting of a 15 min pre-test warm-up time with your YD Instructor, the use of the YD car for your road test and the support of your YD instructor.

YD LEARN TO DRIVE NS GOLD PACKAGE

This package includes all the benefits of the Silver with 4 additional in car lessons.

We offer multiple packages to suit everyone's needs. For more details on these, other course packages or to learn more about YOUNG DRIVERS® of Cape Breton please visit the www.yd.com/locations/sydney or call (902) 562-5359



A Career College Providing Certified Training for Today's Industries...Coast to Coast

Established 1991





OIL SANDS SAFETY (OSSA)

OSSA Basic Safety Orientation (BSO)	\$150
OSSA Confined Space Entry & Monitoring.....	\$150
OSSA Fall Protection	\$150
OSSA Fire Watch (Spark Watch).....	\$200
OSSA Elevated Work Platform	\$200

CONFINED SPACE TRAINING

Confined Space (NS).....	\$125
NB or PE Regulations & Certification....	Call for details
Confined Space Rescue.....	Call for details
Confined Space Hazardous Entry	\$225
Confined Space Refresher.....	\$90
OSSA Confined Space Entry & Monitoring.....	\$150
2-Day Workplace NL Confined Space Entry.....	\$220

FALL PROTECTION TRAINING

Fall Protection (NS)	\$125
NB or PE Regulations & Certification... Call for details	
OSSA Fall Protection	\$150
2 Day Workplace NL Fall Protection.....	\$220
Working at Heights (WAH for Ontario).....	\$150
High Angle Rescue (NFPA standard 1006) Call for details	
Rope Access SPRAT Certification Program	Call for details

CONSTRUCTION AND INDUSTRIAL SAFETY TRAINING

Basic Frame Scaffold – Staging User & Erector	\$125
Basic Frame Scaffold – Staging User	\$75
Hoisting & Rigging.....	\$125
Blueprint & Plan Reading	\$200
Basic Tool Safety	\$125
Lockout Tagout.....	\$80
Basic Personal Protective Equipment	\$100
Power Line Hazard (PLH)	\$100
CSTS (Construction Safety Training Systems)	\$100
Ground Disturbance– Level 201.....	\$200
Trenching & Excavating Awareness	\$100
Pipeline Construction Safety Training (PCST)	\$100
Petroleum Safety Training (PST)	
(Energy Safety Canada- formerly Enform).....	\$150
Hazard Assessment	\$125
Incident Investigation.....	\$125

OCCUPATIONAL HEALTH & SAFETY

WHMIS 2015 (GHS)	\$80
OH&S (1/2 day)	\$100
OH&S Rep (1day)	\$150
Standard First Aid Level C- CPR&AED (2 Day).....	\$120
Emergency First Aid Leve A CPR & AED (1 Day).....	\$90
Wildlife Awareness	\$125
Workplace Violence & Harassment Awareness & Prevention.....	\$100
Substance Abuse Awareness & Prevention	\$100
Bloodborne Pathogens	\$100
BASICS.fst (Food Safety).....	\$80
Basic Fire Safety.....	\$75
Rights & Responsibilities (Saskatchewan).....	\$60
Joint Occupational Health & Safety (JOSH Committee/Representative).....	\$195

DRIVING & OPERATING

Forklift Operator Safety Training	\$125
Rough Terrain Tele - Handler Forklift Operator (Zoom Boom)	\$175
Boom Lift Operator - JLG under 80' (Aerial Platform).....	\$125
Scissor Lift Operator	\$125
Skid Steer Operator.....	\$125
Aerial Lift Training (Boom & Scissor)	\$195
OSSA Elevated Work Platform	\$200
ATV/UTV Training.....	\$125
Defensive Driving Course (1 Day)	\$115
Professional Driver Improvement Course PDIC (1 Day).....	\$125
Air Brake Endorsement Training	\$125
Cargo Securement	\$125

NEWFOUNDLAND SAFETY

NL Fall Protection (2 Day).....	\$220
NL Confined Space (2 Day).....	\$220
NL Power Line Hazards.....	\$100

ROAD SAFETY

Traffic Control Person (TCP).....	\$100
Temporary Workplace Signage (TWS).....	\$200
Alberta Flag Person.....	\$100
Transportation of Dangerous Goods.....	\$80

ENVIRONMENTAL SAFETY

Hazardous Waste Worker	\$825
Hazardous Waste Supervisor	\$825
Hazardous Waste Refresher.....	\$200

RESPIRATORY SAFETY

Respiratory Protective Equipment (RPE/APR/SCBA/ SABA/Bottle Watch)	\$150
Air Purifying Respirator (APR)	\$100
Quantitative Fit Testing	Call for details
Qualitative Fit Testing	\$35
Maintenance & Care of Respirators	\$60
H2S Alive (Energy Safety Canada - formerly Enform)\$200	
Gas Detection.....	\$100

LEADERSHIP SAFETY

Hazardous Waste Supervisor	\$825
Effective Supervision & Communication	\$250
Safety Auditor	\$150
Occupational Health & Safety Management.....	\$150
Hazard Management Process (FLHA, JHA, JSA).....	\$200

SERVICE INDUSTRY

BASICS.fst (Food Safety).....	\$80
Fundamentals for Success in the Service Industry\$100	
Advanced Service Industry Workplace Skills	\$100
Serve Right	Call for details

RENTAL

Equipment, Classroom and Computer Lab Rental	
Please call for details and pricing	

SECURITY

Alberta Basic Security Training.....	\$395
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SAIA SCAFFOLD APPRENTICESHIP

Level 1 (2nd year) 2 days (REQUIRES 1600 HRS EXPERIENCE)	
Level 2 (3rd year) 2 days (REQUIRES 3200 HRS EXPERIENCE)	
Level 3 (Journey person) 3 days (REQUIRES 4800 HRS EXPERIENCE)	
Please call for details, availability and pricing.	

SAFETY SERVICES

Quantitative Fit Testing	
Qualitative Fit Testing	
OHS Consulting Services	
Safety Consultant Services	
Audit Preparation	
Program Development	
Scaffold Equipment Rental	
Scaffold Consulting Services	
Driver Assessment	
Youth Development Training	
Energy Safety Canada (Formerly Enform) Exam Proctoring	

REMEDIATION SAFETY

Asbestos Awareness	\$125
Asbestos Abatement Level 1.....	\$200
Asbestos Abatement Level 2.....	\$275
Asbestos Abatement Level 3.....	\$350
Lead Abatement	\$225
Mold Awareness	\$125
Mold Abatement	\$225
Radiological Awareness.....	\$150

RESCUE TRAINING

Confined Space Rescue	
High Angle Rescue (NFPA Compliant)	
Tower Rescue Training	
Pole Top Rescue Training	
Please call for pricing details	

ONLINE SAFETY TRAINING

Train anywhere, anytime with METI Online. Our comprehensive online training courses lower your operating costs and enable employees to learn anytime and anywhere. Our fully managed and expert software gives Employers, Supervisors & Facilitators with easy access to training history, certificates and records for trainees.

WHMIS 2015 (GHS)	\$34.95
TDG	\$34.95
Incident Investigation.....	\$34.95
Hazard Assessment	\$34.95
OH&S (Nova Scotia)	\$34.95
JOSH Committee & Representative	\$94.95
Ground Disturbance.....	\$49.95
Substance Abuse Awareness	\$34.95
Nitrogen Safety.....	\$34.95
Bloodborne Pathogens	\$34.95
Fire Safety.....	\$34.95
Asbestos Awareness	\$49.95
Microbial (Mold) Training.....	\$49.95
H2S Awareness	\$49.95
Safety Leadership Training.....	\$49.95
Lock-Out Tag Out	Call for details
Workplace Violence, Harassment and Bullying	Call for details

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