



METI FULL TIME

ENVIRONMENTAL HEALTH & SAFETY TECHNICIAN

METI's Environmental Health & Safety Technician is an 18 week diploma program providing students with the knowledge to meet the demands for employment in the Health, Safety & Environmental sector. It meets the education requirements of Canadian Registered Safety Technicians (CRST) designation.

CLASS 3 DRIVER

Start your Class 3 Driving career with METI's Class 3 Driver training, a program that offers you more and graduate JOB READY with a Nova Scotia Class 3 License, Air Brake endorsement and the skills and safety training needed to work here in Nova Scotia or across Canada. Class 3 Driver graduates earn 7 Industry Certifications & 2 Driver Endorsements, all in 5 weeks.

SAFETY CERTIFIED LABOURER

This program was developed to meet the job requirement of a labourer across many industries here in NS, Central and Western Canada. In six weeks, you can graduate from this program with 26 sought after certifications from combined skills instruction and hands-on training to better prepare you to work safely and successfully, whether in construction, the oilfield, manufacturing or anywhere a labourer is needed.

SCAFFOLD ERECTOR CERTIFICATE (SAIA)

METI's 280 Hour SAIA Scaffold Erector Program is the first step toward an SAIA apprenticeship to Journey Person Scaffold. The program will cover the safe erection, use, inspection, modification and the dismantling of System, Frame and Tube & Coupler Scaffolds as outlined by the Scaffolding & Access Industry Association standards for these systems.

CLASS 1 DRIVER - TRACTOR TRAILER

This 14 week program exceeds industry standards and provides students with the knowledge, skills and 55 hours of behind the wheel driving experience needed to meet the industry demands of a Class 1 Operator.

EARTHMOVING OPERATOR

A 10 week program developed to operate a class 3 vehicle, excavator and backhoe. In addition to the driving and operating skills, this program provides the student with the safety training and skills that are in demand by employers in the construction and earthmoving industries.

At METI we are committed to providing quality, standardized training and education for TODAY'S workforce.

Our instructors are approved in accordance with the Career Colleges' Operational Regulations by the Department of Labour and Advanced Education. METI is a licensed Department of Transportation Driver Training School for Classes 1, 3 & 5 and is a member of The Trucking Human Resource Sector Council Atlantic (THRSC).

We are proud to work with more than 500 businesses and 700 facilitators globally.

Did you know we provide:

- Individual Courses
- Full-Time Programs (Diploma/Certificate)
- On-Line Courses
- Customized Training Packages
- Specialty Courses
- Demand Training
- Group Pricing Available
- Safety Services and Equipment Rental

Group prices are available. Listed prices represent total cost and are subject to change without notice.



YOUNG DRIVERS® OF CANADA

YOUNG DRIVERS® LEARN TO DRIVE NS

A YOUNG DRIVERS® (YD) Course is the best insurance you can buy for a new driver. YD has spent over 40 years developing programs and YD updates and improves it every year. The Young Drivers program is designed for a new driver, ANY AGE.

YD believes that Evasive Maneuvers are an important part of your learning experience. We teach these skills in car, because that's where you will need them.

Young Drivers™ program is a recognized approved course to shorten the waiting time for road test, may reduce insurance costs and no further courses will be required to exit all the phases of the graduated licence system after the required waiting periods.

LEARN TO DRIVE NS BRONZE PACKAGE INCLUDES:

- 25 hours of theory done in a classroom setting
- The YD student workbook
- 10 hours (13 lessons) of private in-vehicle teaching lessons
- Free online Co-Driver Program for parents and other driving coaches
- Free CogniFit New Driver cognitive training for students



YD LEARN TO DRIVE NS SILVER PACKAGE (Most Popular)

This package includes all the benefits of the Bronze with the addition of a Road test Pkg consisting of a 15 min pre-test warm-up time with your YD Instructor, the use of the YD car for your road test and the support of your YD instructor.

YD LEARN TO DRIVE NS GOLD PACKAGE

This package includes all the benefits of the Silver with 4 additional in car lessons.

We offer multiple packages to suit everyone's needs. For more details on these, other course packages or to learn more about YOUNG DRIVERS® of Cape Breton please visit the www.yd.com/locations/sydney or call (902) 562-5359



A Career College Providing Certified Training for Today's Industries...Coast to Coast

Established 1991





ENERGY SAFETY CANADA (ESC)

Common Safety Orientation (CSO).....	\$150
ESC Confined Space Entry & Monitoring.....	\$200
ESC Fall Protection.....	\$200
ESC Fire Watch (Spark Watch)	\$200
ESC Elevated Work Platform.....	\$200

CONFINED SPACE TRAINING

Confined Space (NS).....	\$125
NB or PE Regulations & Certification....	Call for details
Confined Space Rescue.....	Call for details
Confined Space Hazardous Entry	\$225
Confined Space Refresher.....	\$90
ESC Confined Space Entry & Monitoring.....	\$200
2-Day Workplace NL Confined Space Entry.....	\$250

FALL PROTECTION TRAINING

Fall Protection (NS)	\$125
NB or PE Regulations & Certification...	Call for details
ESC Fall Protection.....	\$200
2 Day Workplace NL Fall Protection.....	\$220
Working at Heights (WAH for Ontario).....	\$200
High Angle Rescue (NFPA standard 1006) Call for details	
Rope Access SPRAT Certification Program	Call for details

CONSTRUCTION AND INDUSTRIAL SAFETY TRAINING

Basic Frame Scaffold – Staging User & Erector	\$150
Basic Frame Scaffold – Staging User	\$90
Hoisting & Rigging.....	\$125
Blueprint & Plan Reading	\$200
Basic Tool Safety	\$125
Lockout Tagout.....	\$100
Basic Personal Protective Equipment	\$100
Power Line Hazard (PLH)	\$125
CSTS (Construction Safety Training Systems)	\$100
Ground Disturbance– Level 201.....	\$200
Trenching & Excavating Awareness	\$125
Pipeline Construction Safety Training (PCST)	\$100
Petroleum Safety Training (PST)	
(Energy Safety Canada- formerly Enform).....	\$150
Hazard Assessment	\$125
Incident Investigation.....	\$125

OCCUPATIONAL HEALTH & SAFETY

WHMIS 2015 (GHS)	\$80
OH&S (1/2 day)	\$100
OH&S Rep (1day)	\$200
Standard First Aid Level C- CPR&AED (2 Day).....	\$130
Emergency First Aid Leve A CPR & AED (1 Day).....	\$95
Wildlife Awareness	\$125
Workplace Violence & Harassment	
Awareness & Prevention.....	\$100
Substance Abuse Awareness & Prevention	\$100
Bloodborne Pathogens	\$100
BASICS.fst (Food Safety).....	\$100
Basic Fire Safety.....	\$75
Rights & Responsibilities (Saskatchewan)	\$100
Joint Occupational Health & Safety	
(JOSH Committee/Representative).....	\$195

DRIVING & OPERATING

Forklift Operator Safety Training	\$125
Rough Terrain Tele - Handler	
Forklift Operator (Zoom Boom)	\$175
Boom Lift Operator -	
JLG under 80’ (Ariel Platform)	\$125
Scissor Lift Operator	\$125
Skid Steer Operator.....	\$125
Aerial Lift Training (Boom & Scissor)	\$195
OSSA Elevated Work Platform	\$200
ATV/UTV Training.....	\$125
Defensive Driving Course (1 Day)	\$115
Professional Driver Improvement Course PDIC	
(1 Day).....	\$125
Air Brake Endorsement Training	\$150
Cargo Securement	\$125

NEWFOUNDLAND SAFETY

NL Fall Protection (2 Day).....	\$250
NL Confined Space (2 Day).....	\$250
NL Power Line Hazards.....	\$125

ROAD SAFETY

Traffic Control Person (TCP).....	\$100
Temporary Workplace Signage (TWS).....	\$225
Alberta Flag Person.....	\$100
Transportation of Dangerous Goods.....	\$80

ENVIRONMENTAL SAFETY

Hazardous Waste Worker	\$825
Hazardous Waste Supervisor	\$825
Hazardous Waste Refresher.....	\$200

RESPIRATORY SAFETY

Respiratory Protective Equipment (RPE/APR/SCBA/	
SABA/Bottle Watch)	\$175
Air Purifying Respirator (APR)	\$100
Quantitative Fit Testing	\$75
Qualitative Fit Testing	\$50
Maintenance & Care of Respirators	\$60
H2S Alive (Energy Safety Canada - formerly Enform)	\$200
Gas Detection.....	\$125

LEADERSHIP SAFETY

Hazardous Waste Supervisor	\$825
Effective Supervision & Communication	\$250
Safety Auditor	\$250
Occupational Health & Safety Management.....	\$350
Hazard Management Process (FLHA, JHA, JSA).....	\$200

SERVICE INDUSTRY

BASICS.fst (Food Safety).....	\$100
Fundamentals for Success in the Service Industry	\$125
Advanced Service Industry Workplace Skills	\$125
Serve Right	Call for details

RENTAL

Equipment, Classroom and Computer Lab Rental	
Please call for details and pricing	

SECURITY

Alberta Basic Security Training.....	\$395
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SAIA SCAFFOLD APPRENTICESHIP

Level 1 (2nd year) 2 days (REQUIRES 1600 HRS EXPERIENCE)	
Level 2 (3rd year) 2 days (REQUIRES 3200 HRS EXPERIENCE)	
Level 3 (Journeyperson) 3 days (REQUIRES 4800 HRS EXPERIENCE)	
Please call for details, availability and pricing.	

SAFETY SERVICES

Quantitative Fit Testing	
Qualitative Fit Testing	
OHS Consulting Services	
Safety Consultant Services	
Audit Preparation	
Program Development	
Scaffold Equipment Rental	
Scaffold Consulting Services	
Driver Assessment	
Youth Development Training	
Energy Safety Canada (Formerly Enform) Exam Proctoring	

REMEDIATION SAFETY

Asbestos Awareness	\$125
Asbestos Abatement Level 1.....	\$200
Asbestos Abatement Level 2.....	\$300
Asbestos Abatement Level 3.....	\$400
Lead Abatement	\$275
Mold Awareness	\$125
Mold Abatement	\$275
Radiological Awareness.....	\$150

RESCUE TRAINING

Confined Space Rescue	
High Angle Rescue (NFPA Compliant)	
Tower Rescue Training	
Pole Top Rescue Training	
Please call for pricing details	

ONLINE SAFETY TRAINING

Train anywhere, anytime with METI Online. Our comprehensive online training courses lower your operating costs and enable employees to learn anytime and anywhere. Our fully managed and expert software gives Employers, Supervisors & Facilitators with easy access to training history, certificates and records for trainees. More then 50 courses available visit our website for further details

WHMIS 2015 (GHS)	\$34.95
TDG	\$34.95
Incident Investigation.....	\$34.95
Hazard Assessment	\$34.95
OH&S (Nova Scotia)	\$34.95
JOSH Committee & Representative	\$94.95
Ground Disturbance.....	\$49.95
Substance Abuse Awareness	\$34.95
Nitrogen Safety.....	\$34.95
Bloodborne Pathogens	\$34.95
Fire Safety.....	\$34.95
Asbestos Awareness	\$49.95
Microbial (Mold) Training	\$49.95
H2S Awareness	\$49.95
Safety Leadership Training	\$49.95
Lock-Out Tag Out	\$32.95
Respectful Workplace: Preventing	\$29.95
Harassment and Violence	

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